

What happens during the I.M.P.S. visit?



You have a tour of the emergency department



Meet the I.M.P.S. trainers.



Get wired up to the heart monitor



Practice the recovery position



Have your finger plastered



Watch a DVD to learn first aid



Learn CPR and how to use a defibrillator.

Don't forget to let us know what you learn and if you ever use your I.M.P.S. skills.

'I.M.P.S. empowers young people to take personal responsibility for their own risk management and equips them with the skills to cope in an emergency situation.'

I.M.P.S. is part of the ORH Charitable Funds, Registered Charity no. 1057295