



## Information for I.M.P.S. Affiliated Schools



**I.M.P.S.**  
Learning to be safe

*"My staff and I always agree that I.M.P.S. is one of the most important things that the Y6 class do each year"*

*Head Teacher*

# INJURY MINIMIZATION PROGRAMME FOR SCHOOLS

## LEARNING TO BE SAFE

I.M.P.S. empowers young people to take personal responsibility for assessing and managing their own risk and equips them with the skills to cope in an emergency.

### WE BELIEVE

children and young people should be given the opportunity to take personal responsibility for their own safety and that learning emergency life skills strengthens their confidence and self-esteem.

School and home life can shape a young person's future and it is important they make healthy choices.

Choices for life involve taking risks and we believe that children should understand how to make risks safer by being aware of the consequences of their action.

### I . M . P . S .

gives children this choice with a four stage injury prevention education programme for 10 and 11 year olds.

#### 1. **Learning Resources.**

Curricular linked work to identify, assess and manage risks within their day to day experiences.

#### 2. **Practical Session.**

Learning emergency life skills within their school environment.

#### 3. **Follow up activities.**

Lessons to complete at school.

#### 4. **Evaluation.**

Skills and knowledge are measured using an online quiz both pre and post intervention with I.M.P.S.



*"Living in a home where there is only one adult  
I feel it is important I know all the things  
I was taught at I.M.P.S. in case an accident should occur."*

# I.M.P.S. LEARNING RESOURCES

## On-line Key Stage 2 resources

### LEARNING RESOURCES

The I.M.P.S. learning resources can be downloaded from the I.M.P.S. website. They contain curricular linked lessons at key stage 2. We also have a special needs resource.

### MONTHLY LESSONS

Teachers are provided with monthly lessons directly into their inbox. The lessons are topical and are often linked to a safety campaign or injury trend among young people.



Lessons are provided on:

- Personal safety
- Road safety
- Home safety
- Sport and Leisure safety
- Resuscitation science activities

## I.M.P.S. PRACTICAL SESSION

### AFFILIATED SCHOOLS

The affiliated schools programme has been designed so that it can be delivered in school by the class teacher.

Everything you need can be accessed via a password protected area of the I.M.P.S. website.

### I.M.P.S. EMERGENCY LIFE SKILLS

The I.M.P.S. practical session consists of the following elements:

1. The emergency department.
2. First aid.
3. Basic life support. \*

\*This may be delivered by an external agency.



*"An excellent programme that covers key points that children need to keep themselves and others safe."*

## Delivered in the classroom by the class teacher and outside agency

### DELIVERED BY THE TEACHER

#### 1 **Emergency Department learning resource**

An interactive computer learning resource which familiarises children with what happens in the Emergency Department. Follow three children around the emergency department learning about their injuries, treatment and hospital procedures. Learn more about managing risk and making appropriate choices.

#### 2 **First Aid.**

An interactive film showing 5 different injury scenarios. The children have the opportunity to discuss what has happened, how the injury could have been prevented and how to administer the appropriate first aid. The lesson plan for teachers and link to the film are provided.

### MAY BE DELIVERED BY OUTSIDE AGENCY

#### 3 **Basic Life Support.**

This includes the recovery position, CPR and how to use an AED (automated external defibrillator).

Recovery position lesson plans are provided and can be delivered by the class teacher. CPR may be taught using the Resuscitation Council Life Saving Learning App, or an outside agency may be engaged to deliver hands on training.



## FOLLOW UP ACTIVITIES AND EVALUATION

### FOLLOW UP ACTIVITIES

#### Follow up lessons

Linked to key stage 2 and downloaded from the website the follow up lessons reinforce the I.M.P.S. emergency life skills.



*"I.M.P.S. made the children more aware of their own responsibility to take care of themselves and reduce their chances of an accident."*

### EVALUATION

#### Evaluation quiz

Access the quiz before starting the I.M.P.S. programme and again following the practical session. Measure the improvement in the children's skills and knowledge about a range of injury prevention and risk management topics.



# OTHER RESOURCES TO ENJOY AS AN AFFILIATED I.M.P.S. SCHOOL

## THE EXTRAS

### **Certificates**

Print out a certificate for the class or individual child.

### **Take the recovery position challenge**

and raise some money for I.M.P.S. while teaching family and friends this vital life skill.

### **Termly Newsletters**

Keep up to date with IMPortant news

### **FirstPoint**

Children can access an online advice centre for help with keeping safe and healthy and emotional issues.

### **Other I.M.P.S. projects**

You can deliver these projects as an after school activity.

Parents Plus, I.M.P.S. Plus

## AFFILIATED SCHOOLS PACKAGE

The I.M.P.S. affiliated schools package is available to any school outside the Oxfordshire area, including special and independent schools.

Individual schools may sign up for a one off single payment.

We also welcome applications from outside agencies who may wish to enrol and support a group of local schools.

Contact one of the team to discuss pricing packages and details about how to make an application.



# CONTACT US

## FOR MORE INFORMATION

Contact us by email about becoming an I.M.P.S. affiliated school or agency.

email: [imps@ouh.nhs.uk](mailto:imps@ouh.nhs.uk)

Website: [www.impsweb.co.uk](http://www.impsweb.co.uk)

## NEXT STEPS

1. Apply to become an I.M.P.S. affiliated school or agency.
2. If accepted you will be invoiced by Oxford Hospitals Charity.
3. Sign the I.M.P.S. School agreement.
4. Start the I.M.P.S. programme with your class!

*"This programme forms a vital part of preparing year 6 for the enormous changes that take place as they transition to secondary. Being able to deal with minor injuries, and even better, to help prevent them occurring in the first place adds real value."*



PROUD TO BE PART OF  
**Oxford  
Hospitals  
Charity**  
REGISTERED CHARITY NO. 1175809

