



**I.M.P.S.**  
Learning to be safe

*"My staff and I always agree that I.M.P.S. is one of the most important things that the Y6 class do each year"*

**Head Teacher**

# INJURY MINIMIZATION PROGRAMME FOR SCHOOLS

## LEARNING TO BE SAFE

I.M.P.S. empowers young people to take personal responsibility for assessing and managing their own risk and equips them with the skills to cope in an emergency

### WE BELIEVE

children and young people should be given the opportunity to take personal responsibility for their own safety and that learning emergency life skills strengthens their confidence and self-esteem.

School and home life can shape a young person's future and it is important they make healthy choices.

Choices for life involve taking risks and we believe that children should understand how to make risks safer by being aware of the consequences of their action.

### I . M . P . S .

gives children this choice with a four part injury prevention education programme for 10 and 11 year olds.

1. Curricular linked work to identify, assess and manage risks within their day to day experiences.
2. Learning emergency life skills within their school environment.
3. Follow up activities at school and at home.
4. Evaluation of skills and knowledge are measured using an online quiz both pre and post intervention with I.M.P.S.



*"Living in a home where there is only one adult  
I feel it is important I know all the things  
I was taught at I.M.P.S. in case an accident should occur."*

*"I.M.P.S. made the children more aware  
of their own responsibility  
to take care of themselves and  
reduce their chances of an accident."*

# I.M.P.S. RESOURCE

## On-line Key Stage 2 resource

### RESOURCE

The I.M.P.S. resource can be downloaded from the website. It contains curricular linked lessons at key stage 2. We also have a special needs resource.

### MONTHLY LESSONS

Teachers are provided with monthly lessons directly into their inbox. The lessons are topical and are often linked to a safety campaign or injury trend among young people. You can subscribe to these on our [website](#).



Lessons are provided on:

- Personal safety
- Road safety
- Home safety
- Sport and Leisure safety
- Resuscitation science activities

## I.M.P.S. PRACTICAL SESSION

**Delivered in the classroom or hospital by the specially trained I.M.P.S. team**

### CONTINUED RESTRICTIONS

As a result of the legacy caused by the Covid Pandemic, the hospital based I.M.P.S. visits are still being re-introduced.

Currently, they are available at the John Radcliffe and Horton Hospitals. We hope to reintroduce them to the community hospitals in the near future. Currently, the practical element of an I.M.P.S. session can take place either at the John Radcliffe, Horton Hospital or as a school based practical session which is delivered at school by our specially trained team.



### I.M.P.S. VISIT

The I.M.P.S. practical session consists of the following elements:

1. The emergency department.
2. First aid with an interactive film.
3. Basic life support including the recovery position, CPR and how to use an AED (automated external defibrillator).

Contact the I.M.P.S. office for up-to-date information for your school

*"An excellent programme that covers key points that children need to keep themselves and others safe."*

# FOLLOW UP ACTIVITIES AND EVALUATION

## FOLLOW UP ACTIVITIES

### Emergency Department learning resource

An interactive computer learning resource which familiarizes children with what happens in the Emergency Department. Follow three children around the emergency department learning about their injuries, treatment and hospital procedures. Learn more about managing risk and making appropriate choices.

### Follow up lessons

Linked to key stage 2 and downloaded from the website the follow up lessons reinforce what has been learnt on the I.M.P.S. visit.

### Monthly topical emails

Every month subscribe to a topical lesson that arrives directly into your inbox.

## EVALUATION

### Evaluation quiz

Access the quiz **before** starting the I.M.P.S. programme and again **following** the practical session. Measure the improvement in the children's skills and knowledge about a range of injury prevention and risk management topics.



# OTHER RESOURCES TO ENJOY AS AN I.M.P.S. SCHOOL

## THE EXTRAS

### **Certificates**

Print out a certificate for the class or individual child.

**Take the recovery position challenge** and raise some money for I.M.P.S. while teaching family and friends this vital life skill.

### **Termly Newsletters**

Keep up to date with IMPortant news

### **FirstPoint**

Children can access an online advice centre for help with keeping safe and healthy and emotional issues.

### **Other I.M.P.S. projects**

You can deliver these projects as an after school activity.

Parents Plus, I.M.P.S. Plus

## FUNDING

I.M.P.S. is free to Oxfordshire state schools (including special schools) however, we ask for a donation or fundraising event from every school to help towards costs.

You may donate directly at [www.justgiving.com/IMPSONOXFORD](http://www.justgiving.com/IMPSONOXFORD)

There may be a cost if you require an I.M.P.S. trainer to deliver an additional project.

### **Fundraising**

There are always opportunities to raise funds for I.M.P.S.

Please contact the I.M.P.S. office or keep an eye on our social media feeds.



# CONTACT US

## FOR MORE INFORMATION

Contact us by email for more information about I.M.P.S.

email: [imps@ouh.nhs.uk](mailto:imps@ouh.nhs.uk)

*"This programme forms a vital part of preparing year 6 for the enormous changes that take place as they transition to secondary. Being able to deal with minor injuries, and even better, to help prevent them occurring in the first place adds real value."*



## I.M.P.S. in Oxfordshire

I.M.P.S. is available to all state primary and special schools in Oxfordshire.

Independent schools are welcome and there may be a small charge to cover our costs.

Schools out of county are invited to enrol on our affiliated schools programme for a small charge.

Details of the affiliated programme are on our website.



PROUD TO BE PART OF  
**Oxford  
Hospitals  
Charity**  
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