



**I.M.P.S. school visit  
Information pack for teachers**



**I.M.P.S.**  
Learning to be safe

*"My staff and I always agree that  
I.M.P.S. is one of the most important  
things that the Y6 class do each year"*

**Head Teacher**

# I.M.P.S. VISIT TEACHER'S CHECKLIST

In order for your I.M.P.S. visit to be as successful as possible, please could you ensure the following points are checked beforehand (for your visit date see the confirmation email)



1	Undertake the <b>Before</b> I.M.P.S. safety quiz which you can find on the <b>KidsZone</b> page of our website. <a href="http://www.impsweb.co.uk">www.impsweb.co.uk</a> One pupil one attempt please. The access code is <b>25</b>	
2	Please let us know if you think any of your pupils may have issues or be sensitive to the session for whatever reason by filling out this <b>FORM</b> . This might include recent bereavements, hospital based anxieties or additional needs (no names required).	
3	Ensure that a member of school staff accompanies each group. For small groups check with I.M.P.S. office about number of adults required.	
4	Pupils will need a break half way through the session. Please allow at least 10 minutes so that pupils may have a snack and visit the toilet.	
5	Ensure suitable clothing for each child. Skirts and dresses are not appropriate for the session as they will be practising the recovery position and sitting on the floor. Children dressed inappropriately may not be able to take part in the training session.	
6	Children to be divided into two equal groups before we arrive. (one adult from the school will be with each group)	
7	Each child to have their first name only on a label in large bold legible print.	



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# LEARNING OBJECTIVES FOR I.M.P.S. VISIT

## Basic life support

### Focus

To provide children with the information, skills and strategies for dealing with an unconscious person.

### Learning objectives

At the end of the session, the children should be able to:

- name the dangers involved in dealing with an emergency situation
- describe and demonstrate the primary survey (stages of dealing with an unconscious person) – DRS ABC
- dial 999 to make an emergency call and get the appropriate help
- put someone into the recovery position
- initiate Cardio Pulmonary Resuscitation
- be aware of an Automated External Defibrillator (AED)

## Emergency department

### Focus

To familiarise the children with a working accident and emergency department

At the end of the session, the children should be able to;

- explain what to do if they find a syringe or needle
- explain how an x ray is used in the diagnosis of fractures
- describe how they would be more confident if having to attend A & E in the event of an accident.

## First aid film

### Focus

To provide children with information and skills for avoiding accidents

To provide children with basic first aid skills

At the end of the session, the children will be able to:

- List ways to prevent a variety of injuries including scalds, cuts, choking and a minor head injury.
- Dial 999 to make an emergency call

# Information for parents and carers.



**I.M.P.S. empowers young people to take personal responsibility for their own risk management and equips them with the skills to cope in an emergency situation.**

[www.impsweb.co.uk](http://www.impsweb.co.uk)

This term your child's class will be taking part in the Injury Minimization Programme for Schools (I.M.P.S.)

This will take the form of a visit to a local hospital, or a team of trainers visiting your school.

The session normally takes 2 – 2.5 hours to deliver.

During the visit the children will:

- learn emergency life skills including basic life support, how to use an automated external defibrillator (AED), how to put someone into the recovery position and the management of choking.
- discover what happens during a visit to an emergency department and be introduced to the equipment that may be used.
- take part in activities that introduce injury prevention and basic first aid skills.

At no time will the children see anything distressing or unpleasant, but if you have any concerns about this visit talk to your child's class teacher. Please also tell the teacher if your child may be particularly sensitive to the content of the session due to an illness, accident or death relating to one of your family or friends.

On the day of your child's visit please ensure they are wearing appropriate clothing for role-play on the floor (no skirts, unsafe shoes or jewellery). Children who are unsuitably dressed may not be able to take part in the training.

Please ensure your child eats breakfast on the day of the visit as they might have adjusted break times.

All children benefit positively from the I.M.P.S. programme and find it a valuable, stimulating and rewarding experience. Many go on to use the emergency life skills we teach them in a real life situation. Many are also inspired to pursue a career in healthcare.

I.M.P.S. is part of Oxford Hospitals Charity. If you would like to make a donation you can go to our JustGiving page. [www.justgiving.com/impsoxford](http://www.justgiving.com/impsoxford)

# THE I.M.P.S. EVALUATION QUIZ

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In order for us to evaluate the effectiveness of the I.M.P.S. programme, we have developed an online quiz to measure children's knowledge pre and post intervention.

We hope that the pre intervention quiz will be completed as soon as possible in the new school year prior to any intervention from the I.M.P.S. resource. Please write the I.M.P.S. resource into your scheme of work across key stage 2 of the curriculum.

Please follow these instructions to access the I.M.P.S. online evaluation quiz in order not to skew the results.

- As soon as possible ask each child to log into the **before** quiz at:  
<https://forms.office.com/r/VAj82R4jUX> You can access this from the [KidsZone](#) area of our website.
- Each child should access the quiz only once.
- Enter the code **25 in the before quiz.**
- Enter the name of the school.
- Answer the quiz individually (not as a group)
- Please repeat this following the I.M.P.S. visit using the **After** quiz and code provided following your visit. [https://forms.office.com/e/q7Pt5xsAAQ\\_](https://forms.office.com/e/q7Pt5xsAAQ_)
- Enter the code **98 in the after quiz.**
- If they want to access the quiz again this can be done by following the link to the '[take this quiz just for fun](#)' link. (these results will not be recorded or accessed)

We are happy to send your class results on request.

Remember, you can access the resources online. If you have lost your log in details please contact the I.M.P.S. office. [imps@ouh.nhs.uk](mailto:imps@ouh.nhs.uk)