



AT THE FOREFRONT OF
AUTISM STRATEGY

AutC
AUTISM TEACHING COMPANY



AUTISM TRAINED SPECIALISTS WHO
KEEP AT THE FOREFRONT OF NEW
AUTISM THINKING THROUGH REGULAR
PROFESSIONAL DEVELOPMENT.

FOR MORE INFORMATION EMAIL US AT INFO@AUTC.ORG.UK

The Autism Teaching Company was established to meet the needs of individuals with autism and those who teach and care for them. We recognised a growing need to provide a more responsive and cohesive service. Our teaching team are all experienced professionals who have a wealth of education knowledge in the field of Autistic Spectrum Conditions. We have a range of skills developed from our teaching experiences in mainstream schools, special schools and Additionally Resourced Provision from Reception through to Sixth Form and college. We can provide tailored and bespoke support for children and young people in their own homes, at school and in the workplace.





DIRECT AUTISM SUPPORT FOR SCHOOLS

Regular on-going individual support including:

Social skills and anxiety

Study skills including planning and organisation, revision techniques and exam management

Independent working

The development of independent life skills and transitions

One off visits with reports for:

School and home use

Formal reports for other agencies

Reports for HNBf/EHCP

Sensory audits

Multi-agency liaison



FAMILY SUPPORT

All behaviour is communication.

Direct teaching from an AuTC specialist at home, as well as in the school or college environment, or online, can equip your child with appropriate skills to enable them to achieve their full potential.

Support can include:

Anxiety management

Understanding emotions

Coping with demand avoidance

Developing social skills

Transition between settings

Recognising sensory differences

Home support for those in more specialist provision



TRAINING FOR PROFESSIONALS

We design bespoke training packages, either face to face or online, for the needs of your staff and setting.

In addition, we provide targeted interactive training that provides practical strategies which can be used productively to support your children and young people.

"Everyone found the course incredibly useful and couldn't wait to try out some of your suggestions." Assistant Head

"Up to date, with the latest developments in autism thinking." SENDCo



COMMUNICATION CLINICS AND AUTISM ADVOCATES

We run regular communication clinics in schools in order to support their students flexibly, whether they have a diagnosis of autism or not. Autism advocates are staff who are trained and mentored by AuTC within the communication clinics.

They can then promote autism awareness throughout the school and provide a first port of call for students with autism and for staff. This means that small issues can be overcome before they become big problems.



PARENT INFORMATION WORKSHOPS

Autism is a lifelong condition that can manifest in many different ways, often impacting significantly on home life and in school. Each year we run free information sessions at host schools and online followed by a series of six workshops looking at the different aspects of autism, sharing specialist techniques and strategies to support family and home life. We also run workshops focussed on demand avoidance and the PDA profile of autism.

Online workshops are regularly delivered and recordings of which can also be accessed at a time convenient to you.

"I really found the session so useful, to share different experiences and pick up ideas and strategies was really helpful. Just recognising different scenarios and thinking oh yes! That explains it!" a parent



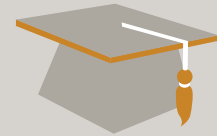
DEMAND AVOIDANCE

As a team we have ensured we are trained in and keep updated with this tricky area of support in order to provide strategies that result in very positive outcomes.

We understand how demand avoidance presents differently depending on the environment and underlying levels of anxiety, and we work cohesively with school and home to help further understanding of the needs of the individual.

"AuTC are a thoughtful team who have committed their organisation to raising the profile of the PDA profile of autism. They produce informative training both for professionals and families. They are creative and flexible whilst being caring and professional." - Co-ordinator, South Bucks PDA Support Group

“EXCELLENT SERVICE THAT REALLY HELPS US AND THE STUDENTS. YOU ALWAYS GO ABOVE AND BEYOND AND OFFER A FLEXIBLE SERVICE”



SUPPORT AT COLLEGE

Our specialists provide regular cohesive support for young people with EHCPs and without, at college in Buckinghamshire and neighbouring counties.

This includes support with anxiety, independent working, organisation, social skills, life skills and transition into adult life.

“Learning how to set positive goals that I can achieve has helped” -student

*“These results are now starting to show in my classroom with the students being able to contribute more and participate to higher levels.”
- Tutor.*

“Our son had a very difficult time at secondary school and we were worried about the transition to college – AuTC’s support has been invaluable - by far the best support he has had!” - a parent

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AUTISM AND GENDER IDENTITY

More people on the autism spectrum than in the neurotypical population feel their gender identity is fluid or non defined. We support them, their families and their setting, to understand their underlying reasons for feeling different and we liaise with other professionals to further understanding of the issues that concern them individually.



WORKPLACE SUPPORT

Some of our specialists are qualified in supporting adults in the workplace. We provide interview training and assist interviewers to make the process autism friendly. We also provide workplace assessments and reports and our work coach liaises with clients to enable productive processes in organisations. Tailor made training is also available to increase awareness of the needs of colleagues with autism.

"My daughter has applied for a role and she was asked to describe what reasonable adjustments she might need, amongst other things. She was able to draw on your sessions and the report, so it has proved helpful already." - a parent



SENDCO SUPPORT

There are two SENDCOs on our team looking to provide positive outcomes for pupils with special needs. Both are experienced, practising SENDCOs in Bucks schools who will support you in all areas of SEN including:

Writing effective SEN support plans with teachers

The Graduated Approach

Working with outside agencies

Applying and completing HNBf and EHCP applications

Short term SENDCO cover for specific tasks

"The most productive afternoon I have had in a long time." - a SENDCO



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